



# The Rooster Review!

The newsletter of Central Virginia Cursillo  
April 2020

## DeColores Dan & Mary – Headed South Again!

As many of you are aware, Dan & Mary Martin are moving south to Florida. They will bask in year-round warm, sunny weather, enjoy beach views & strolls and avoid as much yardwork as possible! Dan & Mary made their Cursillo Weekends (2008 and 1996, respectively) through the Diocese of Arlington, Virginia and moved to the Richmond area in 2010 to enjoy retirement. They have probably been busier in retirement than they would have ever dreamed. They are members of Church of the Epiphany and are very active parishioners serving in numerous ministries. Outside the church they both do volunteer work. Dan works with Renew Crew, an organization helping with small home repairs to those in need within the Richmond area. Mary volunteers at The Hope Center in Petersburg where she assists the Executive Director in fundraising and development.



We are very grateful for the time, talent, and treasure that Dan & Mary Martin have contributed to the Central Virginia Cursillo Center. Since 2011 Dan & Mary have faithfully served the CVCC Committee in a variety of capacities. They both began as members at large and then as Newsletter Distributors. Dan served as CVCC Chairperson from 2015-2018 and in 2019 he dedicated his time to website and communications activities. Mary assumed the duties of Treasurer in 2019.

We are sure this energetic couple will find a beautiful home in Florida where they can relax and enjoy life. No doubt they will be active in their community and parish and will be seeking the Cursillo life. They will be missed by all but are following their dream as they experience life in The Sunshine State! And remember - they are only a phone call or email away!!!

On behalf of the Central Virginia Cursillo Community, we thank Dan & Mary for their service and active presence and wish them the best.

DeColores Dan & Mary!

## Welcome New CVCC Treasurer!



My name is Diane Young. I made my Cursillo in June 1994, at Shalom House, and sat at the Bread of Life table. I have served on 7 Cursillo teams. On the last one, July 2018, I was the Rectora.

I was a teacher for 28 years, and a principal for 2 years. Then I spent 2 years, working from home as the Administrative Assistant for Missioners of Christ. Bob and I spent 2 years in Comayagua, Honduras serving with the Missioners of Christ from 2014-2016. I have been married to my high school sweetheart, Bob, for 45 years. We have 3 children and 6 grandchildren, with another on the way. I babysit grandchildren 2 days a week, and I help out at the Hope Center Food Pantry in Petersburg one day a week. In my spare time, I love to garden and in my time, adjusting to "staying at home", I have been making door wreaths.

I am blessed to be able to serve the Central Virginia Cursillo Community as the Treasurer and look forward to seeing all of you at the next Ultreya, whether in person or via internet. De Colores!!

**Welcome the Babe Chicks of the 531st Women's Cursillo**  
**February 23-20, 2020, Shalom House**  
**"Faith Filled Servants"**



| Team                 |   | Babe Chicks     |                       |
|----------------------|---|-----------------|-----------------------|
| <u>Name</u>          | <u>Role &amp; Talk</u>                        | <u>Name</u>     | <u>Church</u>         |
| Valery Bates         | TMAT - Leaders                                | Leda Ansbro     | St. Joseph            |
| Joanne Biddulph      | TMAT – Lay Person in the Church               | Suzanne Broyles | Epiphany              |
| Carolyn Flowers      | Angel – Study of the Environment              | Janice Campbell | St. Ann's Ashland     |
| Kaitlin Cox          | Liturgy - Piety                               | Mary Connolly   | Epiphany              |
| Gigi Curtain         | Rectora                                       | Eileen Kittle   | St. Mary Annunciation |
| Kim Curtis           | Liturgy – Ideal                               | Jenny Lewis     | Sacred Heart PG       |
| Ellen Herod          | Archangel                                     | Pat Long        | St. Paul              |
| Kate McCaffrey       | TMAT - Study                                  | Clara Oglivie   | St. James             |
| Becky Scalone        | Assistant Rectora – Ultreya and Group Reunion | Lorraine Ross   | Redeemer              |
| Tina Sebak           | Angel – Christianity In Action                | Cindy Schwind   | St. Mary Annunciation |
| Jane Walsh           | Head of Liturgy                               | Mary Ann Strain | St. Mary's            |
| Deborah Wilmoth      | TMAT - Action                                 | Jennifer Toombs | St. Joseph            |
| Deacon Chris Coville | Spiritual Director                            |                 |                       |
| Scott Fisher         | Spiritual Director                            |                 |                       |
| Twink Fisher         | Spiritual Director                            |                 |                       |
| Paula Flynn          | Spiritual Director                            |                 |                       |

**And our ever present Guest: THE HOLY SPIRIT!!!**

### Message from the Co-Chairpersons:

We all are striving each day to live safely in the midst of our world fighting the Corona Virus pandemic. We have become more aware of how much we interacted physically with the people we know. Then we realize how much we miss seeing those people who we may have taken for granted. We resist the temptation to hop in our cars and go where we please. The precautions we take are out of love and concern for each other, but it is not enjoyable. Hang in there! It is very hard to be thriving with distancing restrictions.

To keep our Cursillo Community safe ultreyas through June have been cancelled. We will review the state health situation and Diocese guidelines as July approaches and determine the course of ultreyas for the next three months. We do this with hope in our hearts that the virus will subside sooner rather than later. We need to keep Cursillo alive – continue to evangelize and talk with others regarding attending a Cursillo weekend even though we don't know when they will resume. People will understand this. All the uncertainties right now may have more Catholics looking forward to taking their next step on their faith journey. We certainly have time to be in the present and think about our lives and our spirituality. At this time, the Men's October team plans to begin their meetings after July 4 following the health guidelines in place at that time. There are so many unknowns at this time and, therefore, we are unable to easily or safely forecast when weekends and ultreyas will resume. This saddens each of us. The men's team for October has the knowledge and comfort knowing that team formation is the uplifting spiritual gift to each member if the October weekend does not work out. But, we know through our faith that God is with us and he is in control. We will get through this together! And we intend to get through it SAFELY!

We need to reach out to others to maintain our human need to nourish and be compassionate in ways other than a hug, a pat on the back, a high-5, or a handshake. We need to depend on our inner strength based on our faith in God and the love he has for us. We need to share as much of ourselves as we can with others so that we are fed socially and spiritually. We need to be that positive light that people need to see and feel. We need to be the hands and feet of Jesus even more so now.

As we work our way towards a "new normal," remember your Cursillo weekend and what a blessing it has been to you. When you need a pick-me-up, find your palanca bag and re-read your letters. Then phone a friend, acquaintance, neighbor, or fellow parishioner and let them know that you are thinking of them and just wanted to hear their voice. Ask if you can pick them up something from the grocery store or drug store while you are out. If you know their likes and dislikes, take them a meal or ice cream or treat. Remember to wear a mask and adhere to the social distancing guidelines. This distancing is only physical and we should not allow the challenges of this time to make us "distant" from others in our social or spiritual environment. Did you know that telephones were actually created to "talk" to another person with our voices? Texting, emailing, playing a game by yourself, paying bills, or shopping on your phone came much later. Most of us view our cell phones as a necessity of life. We can talk anywhere we are with anyone we wish. We don't leave home without them. In the challenges of today, remember to use your tools at hand. Phone a friend and have a conversation, order a take-out meal from your favorite restaurant, or watch mass almost anywhere in the world. Use your cell phone to get your daily readings, inspirations, and meditations. Stay in touch with your parish. Use Zoom or Skype to video chat or meet with relatives, your prayer group, your neighbors and friends. Get out those old Zumba cd's and do a work-out. Find out about Laughter Yoga and its benefits because now is the time to help yourself feel better about your restricted conditions so you can help others. (And who couldn't use a good laugh right now!?) Walk! Sing Outloud! Schedule family game nights, movie nights, dance nights. Cut your grass, plant your garden, pull your weeds, finish projects that you have put on the back burner. Send cards, write letters, and journal. Catch up on your reading – your bible, novels, self-help. Go back to some of the low-tech things we used to do. (Not mentioning organizing things at home because everybody is hitting that hard and some of these other opportunities won't require as much energy!)

And while all this is going on Remember - Pray, Pray, Pray. We will get through this and we will learn from these challenging times.

**DeColores!**

Galen W. Potter and Janet Potter, CVCC Co-Chairs  
(Feb. 2002 – Table of John) (Nov. 2005 – Table of Courage)

### Message from the Spiritual Director: Walk with Christ

Without a doubt, the past six weeks have been extraordinary. I myself do not recall events taking over our thoughts and lives since those horrid days following 9/11. We are once again living in a time when a dangerous and insidious enemy is among us. Public and private events are cancelled and many public places like the Mall, the Library, and local parks are closed. There is no baseball, no public Sunday Mass; no Ultreyas and worst of all no Cursillo Weekends.

The most recent casualty for us in Central Virginia has been the Spring Men's Weekend which would have culminated on the Third Sunday of Easter. Their theme would have been "Walk with Christ." The Gospel for that weekend is familiar to many Cursillistas especially if they had experienced an Emmaus Walk on one of the afternoons of their Cursillo.

The Emmaus Walk exercise illustrates one of the stages of evangelization in the Cursillo Method, "Make a Friend, Be a Friend, Bring a Friend to Christ." Each participant is invited to take a walk with another whom they had not as yet come to know. During that walk, each would share some portion of their personal faith experience.

Evangelization happens through relationships, friendships, trust and generosity. We are called to exemplify and invite others to deeper relationship with Christ, and to have them recognize Christ in us as Cleopas recognized Christ in the breaking of the bread. But now the serious question arises; how do we do that in a time of social distancing and quarantine? The theme of the cancelled Men's Weekend was "Walk with Christ." That is something not easily done at this time.

We do not know how long this societal crisis will last but we need to keep "Walking with Christ" not just for our good but for the good of our world. Now more than ever we need to bring Christ into those spaces where He is needed most. Right now, we are like the Jewish Nation in exile in Babylon. We yearn to see the hills of home in Zion once again and we weep as we wait. But we know one day we will return and so we must be ready. Keep making friends. Walk with them and share faith. Tell them about Cursillo. We also need to keep making friends because one day, soon, we will once again have Cursillo Weekends.

Many of our parishes are offering Mass and Rosary and other prayer services online (Piety). Now is a good time to step up our faith formation activities (Study) through online educational services like "Formed" and "Word on Fire." There is no end to the needs of those out of work or ill from this virus. Food and donations of time and treasure are ways we bring Christ into the world by our own hands and serve our communities and home parishes (Action).

And then there is prayer, personal daily prayer, prayer in our Group Reunions meeting online, and hopefully soon, Ultreyas also online. I personally know the power of prayer. The community prayers for me this past year, I believe, not only medically helped me through my bout with lymphoma but the overflow of grace was a source of joy and affirmation for my spirit. I have no doubt that a similar prayer effort will help support all those who are suffering physically and spiritually from Covid-19. I believe it will affirm the goodness of God to all, even to those simply burdened with the anxiety that comes with such events.

We have gotten through earthshaking events like 9/11, and because God is good all the time, we will get through this. Thessalonians chapter 5 is a good reference of the positive spirit we all need, especially verses 16-17: "Rejoice always. Pray without ceasing."

God bless all, Stay well. Onward!

Deacon Steve Haut, Spiritual Director, Central Virginia Cursillo Center

**Make a Friend, Be a Friend, Bring a Friend to Christ!**

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